



Sponsored Patients Attending the UK

Arrival in the UK Checklist

*****IMPORTANT INFORMATION PLEASE READ*****

As of 15th February, all travellers arriving in the UK will be required to:

1. Show proof of a negative COVID-19 test taken 72 hours before travelling

The team in Sponsored Patients will ensure you are booked in for a PCR test prior to travelling, please ensure you take a copy of the negative certificate with you. We shall also ensure we forward the certificate to Calpe House for their records.

2. Self-isolate for up to 10 days with isolation only being cut short with a negative test after five days (Test to Release Scheme)

You will be required to isolate in your room at Calpe House for up to 10 days, however you will be able to travel to and from your healthcare provider for appointments, please ensure you have a copy of your appointment letter with you in case you are stopped by any UK authority.

Calpe House will book you in for the Test to Release Scheme with the Concepto Clinic, this will involve a Covid-19 test on day 5, undertaken at Calpe House. If you receive a negative test result you will be able to stop isolating. We will send the booking confirmation to you, please ensure you have this to hand in case they request details at the airport.

3. Complete a passenger locator form before you travel to the UK

Please complete a passenger locator form, per person:

<https://www.gov.uk/provide-journey-contact-details-before-travel-uk>

Please answer 'No' to the question 'Are you required to complete Covid Tests?' (see point 4 about your medical exemption)

4. Take a Covid Test on day 2 and day 8

Please note you are exempt from testing on day 2 and day 8, details of this exemption can be found on the www.gov.uk website under the section 'Jobs that qualify for travel exemptions':

<https://www.gov.uk/government/publications/coronavirus-covid-19-travellers-exempt-from-uk-border-rules/coronavirus-covid-19-travellers-exempt-from-uk-border-rules#medical-treatment>

Please find the relevant extract herewith:

“Medical treatment

Travel from UK

You need to [complete a declaration form for overseas travel](#) if you are travelling from England.

Travel to UK

You need to [complete the passenger locator form](#) before you travel to the UK.

You need to [take a coronavirus test](#) before you travel to the UK.

You do not need to take a coronavirus test on day 2 and day 8 after arrival in the UK.

You will be able to travel to and from your healthcare provider and the place you are staying in the UK. You will otherwise be [required to self-isolate](#).

You should show a letter or S2 certificate from your healthcare provider explaining your treatment.

Healthcare means all forms of healthcare including mental and physical health. There are also exemptions for live donors and those accompanying the individual, for example a carer or a child.

If you’re bringing a carer or care companion with you to the UK, they should show a letter from your care provider or their employer confirming that they’re providing care so they will also not need to self-isolate.

Applies to:

Individuals arriving to attend pre-arranged treatment, when receiving that treatment in the UK.”

We will be sending you and your escort a personalised letter addressed to Border Control, which explains this exemption (previous patients have found that some officials are unaware of the exemption) and a print-out of the exemption from the UK Government website. Please ensure you have the letters and print-out with you in the event that Border Control question you about the exemption.

In summary, please find herewith a list of documents to take to the UK in case you are stopped by boarder control:

1. Negative Covid-19 Test Certificate
2. Letter confirming your appointment in the UK
3. Test to Release booking confirmation from the Concepto Clinc
4. Passenger Locator Form
5. GHA Letter to UK Border Control regarding yourself
6. GHA Letter to UK Border Control regarding your escort (if you have one)
7. Print-out of UK Government ‘Medical Exemption’

Returning to Gibraltar

Kindly note that ALL patients and escorts returning to Gibraltar via air have to ensure they have a PCR Covid test within 24 hours of returning. There are two ways in which this can be done:

1. You can call the Contact Tracing Bureau on (+350) 20041818 to book an appointment in the midtown drive through once you know your return flight details or
2. You can book a repaid test via <https://covidrapidtest.gi/> once you know your return flight details or else you can attend in person when you land. This service is free for Gibraltar Residents.