



CALPE HOUSE

COMING TO LONDON FOR MEDICAL TREATMENTS AND STAYING AT CALPE HOUSE – during the Covid-19 pandemic

On arrival please follow the health and safety guidelines put in place by the UK Government and Public Health England:

STAY ALERT -CONTROL THE VIRUS-SAFE LIVES

- ✓ KEEP A SAFE DISTANCE FROM OTHERS (2 meters apart where possible)
- ✓ STAY INDOORS AS MUCH AS POSSIBLE
- ✓ WASH YOUR HANDS REGULARLY
- ✓ LIMIT CONTACT WITH OTHER PEOPLE

Alert levels are in place to communicate the current level of risk clearly to the public.

The UK is currently between Level 4 and Level 3

Level three

- The number of new infections would not be increasing significantly. The reproduction rate, or R number, would be below one, meaning that each infected person is transmitting the infection to less than one other, on average.
 - Likely response: Partial lockdown, although with significant relaxations compared to level four.
 - For more information go to: www.gov.uk/coronavirus

Level four

- The virus is not contained, with the R number above one in at least some areas. However, as is the situation now, hospitals would be able to cope with the levels of admissions.

We suggest you wear a mask and gloves on your flight and in the car, which will collect you at the airport, and drive you to Calpe House.

Hand sanitiser should be carried when travelling and applied when out and about, especially when entering a building and following contact with surfaces.

Please always keep at a safe distance whilst travelling throughout the airport.

Avoid being face to face with people if they are outside your household as you are at higher risk of being directly exposed to respiratory droplets released by someone talking or coughing

PATRON: The Hon Sir Joseph. J. Bossano KCMG MP

CHAIRMAN: Albert A Poggio OBE GMH

DIRECTORS. The Lord Hoyle of Warrington. Charles Marfe GA. George Desoisa. James J Neish QC. Eddie Yome QPM CPM. Commodore Ian McGhie MA FCMI RN (Rtd). Ms Deborah Huxley. Jose Julio Pisharello FCCA.

On arrival at Calpe House,

- remove, dispose of your gloves, and mask
- sanitise your hands on entering with the sanitiser provided,
- you will be screened with a thermal imaging camera to see whether you have a fever. If you are showing that you have a temperature, we will ask you to stay in your room and isolate. (it does not mean that you have the virus, it could mean that you are just feeling hot) We will check your temperature again in one to two hours.
- you will be provided with a covid-19 starter protection kit, which will have high level biocidal surface wipes, face masks, gloves, sanitising hand soap, and hand sanitiser
- when you are settled in your room, please change out of the clothes you travelled in. Clothes should also be washed regularly, as there is some evidence that the virus can stay on clothes.
- we recommend you disinfect your luggage with the surface wipes provided

Extra measures have been put in place at Calpe House for the safety and security of all our guests and staff. We ask that all residents and staff act thoughtfully and responsibly to prevent the transmission of the virus.

- to maintain social distancing Calpe House will maintain a maximum occupancy level of 60%
- rooms be sanitised and remain empty 24-48 hours between each resident.
- rooms that share kitchens only one room out of the two will be allocated
- rooms will be allocated across the building and as far away from other residents as possible.
- communal living room and kitchen to be used on a rota basis, by residents if necessary, always maintaining a 2meter distance. – please keep the use of these spaces to a minimum.
- patients will travel to and from hospital appointments via taxis. When you return you will be screened with a thermal imaging camera.
- staff will do essential shopping trips for patients who are unable to do their own shopping or need to shield.
- residents going shopping for essentials to be kept to a minimum – masks and gloves to be worn, in enclosed areas, and remember to take sanitiser with you
- vulnerable patients will be shielded and where possible their escorts will be given separate rooms.
- visitors will not be allowed on the premises unless it is for medical reasons.
- please keep parcel deliveries to a minimum.
- maintenance people will only be allowed access to the premises if temperature is recorded, and masks, gloves are worn.

We thank you for your cooperation in these unprecedented times.

Calpe House Team

PATRON: The Hon Sir Joseph. J. Bossano KCMG MP

CHAIRMAN: Albert A Poggio OBE GMH

**DIRECTORS. The Lord Hoyle of Warrington. Charles Marfe GA. George Desoisa. James J Neish QC.
Eddie Yome QPM CPM. Commodore Ian McGhie MA FCMI RN (Rtd). Ms Deborah Huxley. Jose Julio Pisharello FCCA.**